

City of Milton Keynes Swim Club

Autumn Meet Programme
Licensed at Level 3 (3SE171633)
Saturday 18th and Sunday 19th November 2017

Programme of Events**Saturday 18th November**

		Event number			
Session 1	TBC	Warm-up	1	400m	Individual Medley (female)
	TBC	Sign-in closes	2	50m	Butterfly (male)
	TBC	Start	3	200m	Breaststroke (female)
			4	100m	Backstroke (male)
			5	50m	Freestyle (female)
			6	50m	Breaststroke (male)
			7	200m	Butterfly (female)
			8	1500m	Freestyle (male)
Session 2	TBC	Warm-up	9	400m	Freestyle(female)
	TBC	Sign-in closes	10	100m	Individual Medley (male)
	TBC	Start	11	200m	Backstroke (female)
			12	100m	Freestyle (male)
			13	100m	Breaststroke (female)
			14	50m	Backstroke (male)
			15	100m	Butterfly (female)
			16	200m	Freestyle (male)

Sunday 19th November

Session 3	TBC	Warm-up	17	400m	Individual Medley (male)
	TBC	Sign-in closes	18	50m	Butterfly (female)
	TBC	start	19	200m	Breaststroke (male)
			20	100m	Backstroke (female)
			21	50m	Freestyle (male)
			22	50m	Breaststroke (female)
			23	200m	Butterfly (male)
			24	800m	Freestyle (female)
Session 4	TBC	Warm-up	25	400m	Freestyle (male)
	TBC	Sign-in closes	26	100m	Individual Medley (female)
	TBC	Start	27	200m	Backstroke (male)
			28	100m	Freestyle (female)
			29	100m	Breaststroke (male)
			30	50m	Backstroke (female)
			31	100m	Butterfly (male)
			32	200m	Freestyle (female)

All events are HDW.

AGE GROUPS 9 Years; 10 years, 11 years; 12 years, 13 years; 14 years,
15 years;16 years & over