

City of Milton Keynes Swim Club**12th Annual End of Season Meeting Programme****Licensed at Level 3 (License 3 SE150449)****Saturday 20th and Sunday 21st June 2015****Programme of Events****Saturday 20th June**

		Event number	
Session 1	08:00 Warm-up	1	400m Individual Medley (Boys)
	08:05 Sign-in closes	2	400m Freestyle (Girls)
	09:05 Start	3	100m Fly (Boys 10/Over)
		4	100m Backstroke (Girls 10/Over)
		5	50m Breaststroke (Boys)
		6	100m Freestyle (Girls 10/Over)
		7	200m Backstroke (Boys)
		8	200m Individual Medley (Girls)
Session 2	12:15 Warm-up	9	50m Freestyle (Girls)
	12:20 Sign-in closes	10	100m Breaststroke (Boys 10/Over)
	13:20 Start	11	200m Breaststroke (Girls)
		12	200m Butterfly (Boys)
		13	100m Individual Medley (Girls)
		14	50m Butterfly (Boys)
		15	200m Freestyle (Girls)
		16	50m Backstroke (Boys)
		17	Finals 100m Free Girls 13/14 yrs
		18	Finals 100m Free Girls 15 /over

Sunday 21st June

Session 3	08:00 Warm-up	19	400m Individual Medley (Girls)
	08:05 Sign-in closes	20	400m Freestyle (Boys)
	09:05 Start	21	100m Butterfly (Girls 10/Over)
		22	100m Backstroke (Boys 10/Over)
		23	50m Breaststroke (Girls)
		24	100m Freestyle (Boys 10/Over)
		25	200m Backstroke (Girls)
		26	200m Individual Medley (Boys)
Session 4	12:00 Warm-up	27	50m Freestyle (Boys)
	12:05 Sign-in closes	28	100m Breaststroke (Girls 10/Over)
	13:05 Start	29	200m Breaststroke (Boys)
		30	200m Butterfly (Girls)
		31	100m Individual Medley (Boys)
		32	50m Butterfly (Girls)
		33	200m Freestyle (Boys)
		34	50m Backstroke (Girls)
		35	Finals 100m Free Boys 13/14 yrs
		36	Finals 100m Free Boys 15 /over

All events are HDW except for 6 & 24

AGE GROUPS for events: 9, 10, 11/12 years, 13/14, 15 and over

(100m events for 9yr old swimmers are not permitted, except 100IM – ASA Guidelines)